

TFHS Weekly Bulletin – Week of January 26th

Lunch Menu

Monday

- Chicken Patty Sandwich
- Mini Corn Dogs
- French Fries
- Rice Krispies Treats

Tuesday

- Chicken Nuggets
- Big Daddy Cheese Pizza
- Romaine Salad
- Chocolate Pudding

Wednesday

- Buttermilk Pancakes
- Hamburger with Bun
- Triangle Hash brown
- String Cheese
- Turkey Sausage Patty

Thursday

- Pigs in a Blanket
- Spicy Chicken Sandwich
- French Fries
- Tiger Bites Cinnamon Grahams

Friday

- Burrito
- Big Daddy Pepperoni Pizza
- Tater Tots
- Chocolate Chip Cookie

Activities This Week

Monday:

- Winter Spirit Week Begins- PJ Day

Tuesday:

- Winter Spirit Week- Double Denim/ Grout Fit (all gray)
- Jostens Sophomore Ring and Letterman Jacket assembly in Roper during Advisory
- Girls Basketball vs Minico Fr/JV/V 6/6/7:30

Wednesday:

- Winter Spirit Week- Northern Light (bright or neon colors)
- Bowling Team @ Burley 2:00
- Boys Basketball vs Minico Fr/JV/V 6/6/7:30

Thursday:

- Winter Spirit Week- Nike Tech vs Quarter Zip
- Girls Basketball @ Mountain Home Fr/JV/V 4:30/6/7:30
- Girls Wrestling Senior Night Vogt Gym vs Bonneville/Skyline 5:00
- Boys Wrestling Baun Gym vs Bonneville/Skyline 5:00
- Cheer Mini Camp in the cafeteria 3:45

Friday:

- Winter Spirit Week- Senior/Sophomore wear white and Junior/Frosh wear Blue
- Winter Assembly 10:15 in gym
- Bionic Bruins State Competition @ BSU
- Debate @ Rigby
- Girls Wrestling Tournament @ Burley 1:00
- Boys Wrestling Tournament @ Minico 1:00
- Boys Basketball vs Wood River Fr/JV/V 6/6/7:30
- Dance Competition @ Madison HS
- HOSA Regional Competition @ CSI

Saturday:

- Bionic Bruins State Competition @ BSU
- Debate @ Rigby
- Girls Wrestling Tournament @ Burley 9:00

- Boys Wrestling Tournament @ Minico 9:00
- Dance Competition @ Madison HS
- Bowling Team @ Bowladrome 9:00
- Winter Ball Dance in Vogt gym 8:30 pm

Announcements

- **WELCOME BACK AND HAPPY NEW YEAR 2026**
- **Need a Boost? Tutoring is Here to Help!**
 - Free after-school tutoring at **Bruin Central**
 - **Tuesdays, Wednesdays, Thursdays** right after school
- The Pop Shop is open at lunch on Monday and Wednesdays. Come get a drink or spend your Bruin Bucks! It is located in “C” hall.
- One of the Best Days of School year happens in May when the Yearbooks arrive, looking for your photo, getting friends to sign your book. You did order a Yearbook, right? If not, there is still time, just pay the bookkeeper and you’ll be on the list. We only order a limited amount and we expect to sell them all, so don’t wait, when we run out.... we run out! See the bookkeeper today to order your yearbook!
- The Speech and Debate team is running a 50/50 raffle as part of a student’s senior project. The winner will be drawn at the winter assembly. Contact Ms. Burk or find a member of the debate team for details.
- The Senior Class is putting on a school-wide food drive to restock the food pantry. Make sure to bring in non-perishable food to your advisory class. The Advisory class that brings in the most will win a donut party and the class will get points for the assembly on Friday!
- Winter Formal tickets will be sold in the foyer during lunch this week. Only \$30 for a couple and \$20 for single. Get them now before they’re \$35 at the door the day of the dance!
- January’s activity of the month is Boys wrestling on January 29th. Show up at 5:00 pm and first 20 people will receive a bruin buck!

