

SEPTEMBER 2026



LAKE REGION

# NEWSLETTER



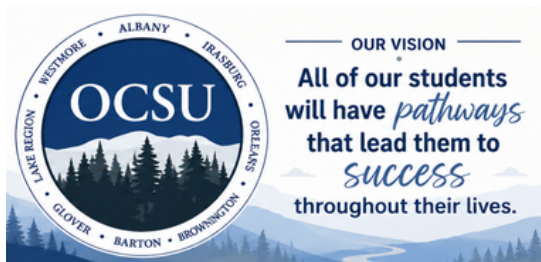
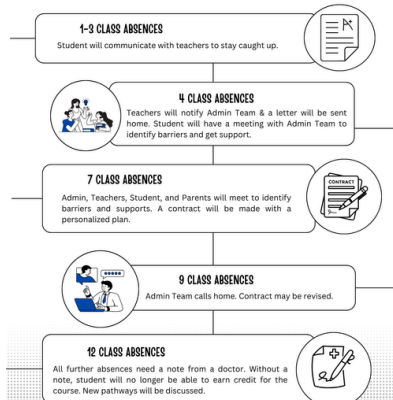
## Front Page News

Lake Region Union High School is thrilled to welcome our students, staff, and families back for an exciting new school year filled with growth, achievement, and Ranger pride. Welcome back, everyone!

## Being Here Matters

Attending school every day is foundational to a student's academic success, personal development, and future opportunities. Regular attendance ensures consistent access to instruction, allows students to build on key concepts step-by-step, and prevents the stress of falling behind in coursework. Beyond academics, daily presence helps students develop critical social-emotional skills, foster strong relationships with peers and mentors, and build essential habits like responsibility, time management, and discipline. Even missing just a few days a month can significantly impact a student's learning momentum, making steady daily attendance one of the most effective ways to stay on track toward graduation and long-term goals.

### LR ATTENDANCE POLICY INTERVENTION LADDER



BEING HERE MATTERS

## Future Business Leaders of America

The Future Business Leaders of America chapter held our KICK-OFF meeting last Monday, enjoying hot cocoa and Dunkin Donuts, while learning about FBLA and all we intend to accomplish this year. (19 students attended).

Maeda Urie will be serving as our 2026-2027 Lake Region FBLA President while also working with the Vermont FBLA State Officer Team as the Northern Vice-President this year.



**LR FBLA**



## Cooking Club

Cooking Club is an entirely self-funded cooking and baking special-interest extracurricular activity open to all interested students on a come-as-you-can basis. The club meets every Thursday after school from 3–6 p.m. During each meeting, members prepare a dinner and dessert for themselves, typically selected the previous week, while also making baked goods to sell at the Friday Bake Sale. Proceeds from the bake sale help cover the cost of ingredients for the following week, allowing the club to remain self-sustaining.

Beginning in December, interested members also begin preparing for the annual Vermont Jr. Iron Chef Competition, held each March. Jr. Iron Chef VT is a statewide culinary competition and career-exploration program for Vermont middle and high school students. Organized by Vermont Afterschool, the competition challenges student teams to develop and prepare an original, nutritious dish that highlights local and seasonal ingredients and could potentially be adapted for use in school meal programs.

Last year, our team won one of the three competition awards (Mise En Place) in the high school division and was subsequently recognized by the Vermont General Assembly at the State House.

## Student Council

Student Leadership Council is busy planning for this year's Homecoming and Pep Rally, which will take place on October 2nd. Please be on the lookout for information about the upcoming spirit week dress up days, and additional events tied to the week as those become available.

Student Leadership Council meets on Thursday mornings at 7:30 in room 215. Students who are interested in joining this group are encouraged to reach out to either Mrs. Gariepy or Mrs. Phillabaum, or stop by one of their meetings.

### Save the Date:

Homecoming Spirit Week  
September 21- September 25:

September 25 - Pep Rally

October 24th: Haunted House at Lake Region



## Featured Opportunities

### Pleasant View Cemetery

Contact: Delores, [dstoddard312@gmail.com](mailto:dstoddard312@gmail.com)

### Casella Open House - Saturday September 26, 2026

Contact: Trish, [Patricia.Geoffroy@casella.com](mailto:Patricia.Geoffroy@casella.com)

### OCSU Halloween Event & LR StuCo Haunted House

Contacts:

Ms. Gariepy, [mgariepy@ocsu.org](mailto:mgariepy@ocsu.org)

Ms. Phillabaum, [aphillabaum@ocsu.org](mailto:aphillabaum@ocsu.org)

Katie Powers, [kpowers@ocsu.org](mailto:kpowers@ocsu.org)

*See more details & opps [here!](#)*

Questions, opportunities, or paperwork?  
Email [kpowers@ocsu.org](mailto:kpowers@ocsu.org)

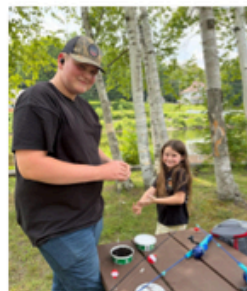
[Website](#) | [Facebook](#) | [Forms](#)



## Spotlight!

"I liked being able to work and help on my own. And I loved the kids!"  
- OCSU Summer Program volunteer

"I would also recommend this because while the kids are having fun, you can too."  
- OCSU Summer Program volunteer



"They were able to get what I would have wanted as a freshman" - LRUHS Bridges Program volunteer

"It made them happy so it made me happy" - Glover Pioneer Camp volunteer

"It's important to help whoever you can whenever you can" - Glover Pioneer Camp volunteer

# ≡ Lake Region ≡ YEARBOOK CLUB

## SCRAP METAL DRIVE FUNDRAISER

Help the Lake Region Yearbook Club  
raise funds for this year's book!

*Your scrap metal makes a difference!*

### WE ACCEPT:

- ✓ Iron & steel
- ✓ Aluminum
- ✓ Copper
- ✓ Brass
- ✓ Appliances (no freon)
- ✓ Metal piping
- ✓ Bikes & lawn equipment
- ✓ Car parts (no fluids)
- ✓ And more!



**NO ITEMS WITH  
FREON**  
(AC units, refrigerators, etc.)



**GASOLINE**  
(fuel, gas cans, etc.)



**OIL**  
(motor oil, etc.)



*Fundraiser Runs:*

≡ **SEPTEMBER 18TH - OCTOBER 7TH** ≡



*Dumpster Location:*  
**BY THE TENNIS COURTS**



*Questions?*  
Contact:  
[hbonneau@oscu.org](mailto:hbonneau@oscu.org)

THANK YOU FOR YOUR SUPPORT!