

# TFHS Weekly Bulletin – Week of January 6<sup>th</sup>

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## Lunch Menu

### Monday

- NO SCHOOL

### Tuesday

- Chicken and Cheese
- Quesadilla
- Cheeseburger
- Refried Beans
- Rice Krispies Treat

### Wednesday

- Chicken Strips
- Big Daddy Pepperoni Pizza
- Romaine Salad
- Waffles

### Thursday

- Chicken Fried Steak
- Popcorn Chicken
- Mashed Potatoes
- French Fries
- Dinner Roll
- Country Gravy

### Friday

- French Dip Sandwich
  - Big Daddy Cheese Pizza
  - Tater Tots
  - Chocolate Pudding
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## Activities This Week

### **Monday:**

- Ski Club Trip

### **Tuesday:**

- Bowling @ Burley 2:00

### **Wednesday:**

- Girls Wrestling vs Burley/WR/Filer 5:00
- Girls Basketball @ Burley Fr/JV/V 6/6/7:30

### **Thursday:**

- Boys Wrestling @ Columbia 5:00
- Boys Basketball vs Pocatello Fr/JV/V 6/6/7:30
- SOS Half Time Show during Varsity Game

### **Friday:**

- Dance and Cheer Competition @ Jerome all day
- Girls Wrestling Tournament @ Columbia 1:00
- JV Boys Wrestling Tournament @ Kimberly 1:00
- Boys Wrestling Tournament @ Buhl 3:00
- Girls Basketball @ Minico Fr/JV/V 4:30/6/7:30
- Debate @ ISU

### **Saturday:**

- Girls Wrestling Tournament @ Columbia 9:00
  - JV Boys Wrestling Tournament @ Kimberly 9:00
  - Boys Wrestling Tournament @ Buhl 9:00
  - Boys Basketball @ Preston Fr/JV/V 1/1/2:30
  - Bowling Team @ Pocatello 1:30
  - Debate @ ISU
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## Announcements

- **WELCOME BACK AND HAPPY NEW YEAR 2026**
- **Need a Boost? Tutoring is Here to Help!**
  - Free after-school tutoring at **Bruin Central**
  - **Tuesdays, Wednesdays, Thursdays** right after school
- The Pop Shop is open at lunch on Monday and Wednesdays. Come get a drink or spend your Bruin Bucks! It is located in “C” hall.
- DECA meeting on Wednesday, January 7th morning at 7:40 am. Be there to register for State DECA.
- Juniors and Seniors: Interested in being a dental assistant? Come to an informational session on Friday, January 9<sup>th</sup> during Advisory in the Career Center. Come at the beginning to receive important info!
- Attention Students: Want to make a difference in your community? Join the **YES (Youth Empowerment Solutions)** 19-week after-school program and take the lead. Please see Ms. Annie Peterson in the Career Center for more info.