

MCCOY ELEMENTARY

FAMILY NEWSLETTER

OCTOBER 2026



A NOTE FROM THE PRINCIPAL

Routines are fully in place, school days are running smoothly, and our students are actively learning and growing every single day!

As we dive into the heart of the fall semester, please remember that every day and every minute counts. Consistently arriving on time and attending school daily sets our students up for long-term success.

October is a very busy month filled with special events and important updates. Please take a few moments to review this newsletter carefully and keep a close eye on your email for updates from your child's teachers. Thank you for your continued partnership!

Respectfully,
Mrs. Kari Milam

LET'S TEAM UP FOR YOUR STUDENT'S SUCCESS!

Mark your calendars! We are so excited to invite you to our upcoming Parent-Teacher Conferences on October 22nd and 23rd.

Why Attend?

- Celebrate Progress: Hear all about what your child is learning and where they are shining!
- Plan Ahead: Work with teachers to set clear, exciting goals for the rest of the year.
- Share & Connect: Ask questions and share your own insights—because home and school work best together!

Look for scheduling links coming home from your child's teacher soon. We can't wait to partner with you!



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F.A.S.T. (FARMINGTON AREA SINGLE TRACK)

We are excited to announce that Farmington Area Single Track (F.A.S.T.) will be visiting our school from October 5th through October 18th! F.A.S.T. is a local nonprofit that helps youth learn mountain biking skills, trail etiquette, and bike safety through interactive games.

- When: During PE and Music classes (Oct 5–18)
- Equipment: All bikes, helmets, and gear are fully provided by F.A.S.T.

The permission waiver was sent home with your student and it must be signed for your child to participate.

NO SCHOOL NOTICE

- Date: Monday, October 12th
- Reason: Staff Professional Development Day
- Classes Resume: Tuesday, October 13th

There will be no school for students on Monday, October 12th, while our teachers engage in professional learning. Enjoy the extended weekend, and we look forward to seeing everyone back on Tuesday!

ROAR!

UPCOMING EVENT: FALL HARVEST CARNIVAL

Our PTO has been working hard to host a fantastic Fall Harvest Carnival, and we invite all of our families to join in on the fun!

- When: Friday, October 9th | 5:00 PM – 7:00 PM
- Fundraiser: This is a PTO fundraiser for our school! Please bring cash for ticket purchases (food, games, and activities).
- Costume Reminders: Costumes are welcome, but please no scary masks or toy weapons/props. We want to ensure a fun, safe, and family-friendly atmosphere for all ages.

Thank you to our PTO for organizing such a great community event. We hope to see you all there!



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CAPTURING KIDS' HEARTS CHARACTER TRAIT: SELF-DIRECT

Our focus skill for October is Self-Direction—the learned ability to set a goal for the future and take positive, intentional steps toward reaching it!

Key Benefits for Students:

- Personal Responsibility: Students learn that they are in charge of their own attitudes, decisions, and habits.
- Emotional Regulation: Helps children manage their feelings and react calmly in difficult situations.
- Stronger Connections: Improves social interactions and helps develop healthy, positive relationships.

3 Simple Ways to Support Self-Direction at Home:

- Goal Setting: Help your student pick a goal (academic or personal) and break it into small action steps.
- Check-Ins: Offer feedback and celebrate their progress along the way.
- Reflection: Talk through everyday choices together to see what worked well and what could be improved next time.

OCTOBER CALENDAR

- Oct 5–15: F.A.S.T. (Farmington Area Single Track) Bike Program during PE/Music
- Oct 5–9: Amira & Istation Progress Monitoring Testing
- Tue, Oct 6: PTO Meeting at 3:30 PM (McCoy)
- Fri, Oct 9: Fall Harvest Carnival from 5:00 PM – 7:00 PM (McCoy)
- Mon, Oct 12: NO SCHOOL for Students (Staff Professional Development)
- Fri, Oct 16: End of Quarter 1 & FroYo Friday 🍦
- Mon, Oct 19: Pre-K & Kindergarten Field Trip to Holiday Farms (Rescheduled)
- Wed, Oct 21: Quarter 1 Assemblies
- Thu, Oct 22: Early Release at 12:30 PM | Parent-Teacher Conferences
- Fri, Oct 23: NO SCHOOL for Students | Parent-Teacher Conferences



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AZTEC MUNICIPAL SCHOOL DISTRICT VISION

Inspired by purpose, safe in community, and fulfilled through learning.

AZTEC MUNICIPAL SCHOOL DISTRICT MISSION

Our mission is to prepare students to succeed in an ever-changing world by providing a safe learning environment that is purposeful, safe, and fulfilled. We support all AMSD partners in accomplishing this mission. We recognize that this is a shared responsibility of the school district, families, and community.

1
PRIDE

We ARE Aztec

We are ambassadors of our schools and district. We commit to take pride in the work we do. We share our pride by promoting an Inspired, Safe, & Fulfilled environment through positive communication and vision reinforcement. We proudly wear our school/district attire as it symbolizes our shared identity and commitment.

We ARE Community

We recognize that educational organizations and their communities exist in a cooperative relationship. By working collaboratively, we will ensure every unique stakeholder will feel essential to the educational community. Diversity is our strength. This relationship will enable the educational process to be elevated.

5
NETWORKING

2
ATTENTIVE

We ARE Kind Communicators

We commit to communicate candidly, speak with kindness, listen fully, presume positive intentions, and earn trust. We share information openly, broadly, and intentionally. We use positive and uplifting language such as: "I'm happy to...", "I support you...", "It's my pleasure...", "I hear you...", "Your input is valuable...", and "We want to assist..."

We ARE Empowered

As AMSD team members, we recognize that every individual has unique skills and strengths to bring to our shared problem-solving efforts. We commit to providing input and ideas in order to initiate positive change. We operate with open, solution-oriented minds, committed to turning relevant ideas into purposeful actions. While we might disagree, we fully commit to our shared problem-solving efforts.

6
EQUIPPED

3
RESPECTFUL

We ARE Highly Relational

We commit to build healthy relationships. We strive to know each individual by name, face, strengths, interests, and values. We treat others with courtesy, respect, and dignity and view every interaction as an investment in improving relationships. We recognize that maintaining healthy relationships is the foundation for enriching all our lives.

We ARE Innovators

We support the development and continuous improvement of all staff and students. We commit to recognize and acknowledge when colleagues do great work. We encourage risk-taking, breaking down barriers, and the implementation of new ideas.

We are trusted to try new methodologies and instructional practices. We turn failed situations into learning experiences and accept the obligation to correct them. We promise to make learning personal. We are DIFFERENT. By design.

7
RISK-TAKING

4
TEAMWORK

We ARE a Dedicated Team

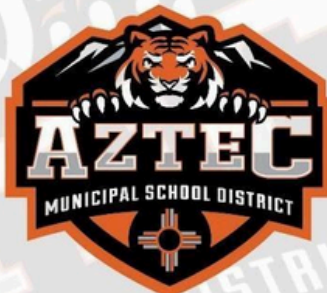
We are all part of one team. We commit to hearing and valuing everyone's voice. We are dedicated to individual and organizational health. We fully support one another as we foster a culture of team building and celebration.

We ARE Here to Serve

As educators, we serve the next generation. We commit to being pleasant, show empathy, and greet each person with warmth. We listen and ask questions to seek clarity when a colleague, parent, or student expresses a need. We take ownership and accept responsibility for making sure needs are met, the problem is addressed, and solutions are offered. We rely on and encourage one another by holding ourselves accountable to our values and commitments.

8
SERVICE

The Aztec PARTNERShip



DIFFERENT.
By design.

The Commitments of the
Aztec Municipal School District to
its Team Members, Colleagues,
and Stakeholders

#AZTECSCHOOLS



HAPPY HIGHLIGHTS

October 2026

Harvesting Kindness: Anti-Bullying Initiatives and Fall Festivities



ANTI-BULLYING

Building on September's Empathy Month, our students are transforming into anti-bully superheroes as they learn to be upstanders! Capes on and ready for action, they're discovering that kindness, respect, empathy, and inclusion are their superpowers, making everyone feel welcome at McCoy.



MINDFUL MESSAGE

Encourage open conversations with your children to understand their daily experiences, especially regarding school bullying. Invite them to share their day's high and low points, and set an example by sharing yours. This helps them feel supported and provides a safe space to express concerns about bullying. Assure them, "I'm here whenever you need me, and we can talk to your school if needed."



SAVE PROMISE CLUB

If your family could use a little extra holiday cheer and support this season, we warmly invite you to reach out and connect with our school social worker for more information!



Join us on October 9th Fall Harvest Carnival!

Get ready for a frightfully fun time while helping support the efforts of the SAVE Promise Club and the Social Work Department. Stop by our **"Monster Strike"** bowling game, where you can knock down spooky pins, and unleash your creativity at the **"Creepy Crafts Corner,"** where little ghouls and goblins can create Halloween-themed masterpieces. It's all about having a boo-tiful time and making a difference!

Join us on October 22nd-23rd Parent-Teacher Conferences!

Visit the Social Worker's room to learn about our counseling **curriculum**, explore valuable **family support** options, and unwind with a fun coloring **activity**.
Looking forward to connecting with you!

Starting This November "Safer, Smarter, Kids!"

The "Safer, Smarter, Kids!" lessons **empower** students in keeping safe and healthy **boundaries**. These lessons aim to nurture a generation of children who are not only safer but also smarter about their **personal safety** because every child deserves to feel safe and confident.

YOUR SCHOOL SOCIAL WORKER
AMETHYST DOUGLAS

"Courage is the first step to making a difference."



amethystdouglas@aztecschools.com



505-334-6834 ext. 1971

Think, Choose, Act

Lead yourself to who you want to be.

This month, we're challenging students to envision future goals and take intentional steps toward who they want to be. We are partnering with you to grow and develop your child's ability to self-direct. We can model self-direction by celebrating the positive in each day, seeking the good in others, and emphasizing our responsibility to make positive choices.



1 ENGAGE: Find the Good!

Self-direct your thoughts and share Good Things as a family each day. After school, around the dinner table, or before bed, ask each family member to share something good from the day. We often see what we seek! Let's focus on finding the good.



2 EMPOWER: Make a Plan

If your student doesn't already use a planner, empower them to start using one to manage their time better. Have a weekly meeting with your student to share what they have added to their planners. You can help them add family gatherings, school events, and due dates.



3 EXCEL: Affirm Daily

Practice growing as a family through positive affirmations. At dinner or some point during the day, give affirmations to each other and share the good things you see. Take it to the next level and think of someone you could affirm outside your family. Challenge each family member to affirm or thank a different person every day this month for something they do or who they are. You can even handwrite a note to thank that person and send them the note in the mail.

Conversation Starters

- ♥ What is one way you can be more responsible at home or school?
- ♥ What is an activity you want to continue to improve?

- ♥ How do you feel when you finish a project?
- ♥ What is something you want to learn to do?

Piensa, Elige, Actúa

Este mes, estamos desafiando a los estudiantes que prevean sus metas futuras y luego que tomen pasos intencionales hacia quien quieren ser. Estamos colaborando contigo para desarrollar la habilidad de tu hijo para autodirigirse.

Podemos modelar la autodirección por celebrar lo positivo en cada día, buscar lo bueno en otros, y enfatizar nuestra responsabilidad de hacer decisiones positivas.



1 CAPTAR: ¡Encuentra el Bien!

Autodirige tus pensamientos y cada día comparte Cosas Buenas entre familia. Después de la escuela, durante la cena, o antes de acostarse, pregúntale a cada miembro de la familia que comparta algo bueno del día. ¡Muchas veces vemos lo que buscamos! Hay que enfocarnos en encontrar el bien.



2 EMPODERAR: Haz un Plan

Si tu estudiante todavía no usa una agenda, empodéralo a empezar a usar una para manejar su tiempo mejor. Ten una junta una vez a la semana con tu estudiante para que el o ella comparta lo que ha añadido a su agenda. Puedes ayudarle a añadir juntas familiares, eventos escolares, y fechas de entrega.



3 EMPLEAR: Afirma Diariamente

Practica creciendo como una familia por medio de afirmaciones positivas. En la cena, o en un tiempo durante el día, dense afirmaciones uno al otro y compartan las buenas cosas que ven. Llévalo al siguiente nivel y piensa en alguien fuera de tu familia que podrías afirmar. Desafía a cada miembro de la familia que afirme o da gracias a una persona diferente cada día este mes por algo que hace esa persona o por quien es. Hasta puedes escribir una nota a mano para agradecerle a esa persona y enviarle la nota en el correo.

Iniciadores de Conversación

- ♥ ¿Cuál es una manera en que puedes ser más responsable en la casa o en la escuela?
- ♥ ¿Qué es una actividad en que quieres seguir mejorando?

- ♥ ¿Cómo te sientes cuando terminas un proyecto?
- ♥ ¿Qué es algo que quieres aprender a hacer?

McCoy Elementary PTO

CALENDAR OF EVENTS

2026-2027



August

8/13 – Kinder Meet and Greet
8/14 – 1st Day of School
(Kinder, Tears and Cheers)
8/28 – Cookie Dough
Fundraiser Kickoff



September

9/1 – 1st PTO Meeting
9/18 – FroYo Friday



October

10/6 – PTO Meeting
10/9 – Harvest Carnival
10/16 – FroYo Friday
10/22-23 – Parent Teacher
Conference / Fundraiser Pickup



November

11/10 – PTO Meeting
11/13 – FroYo Friday
11/21-29 – Thanksgiving Break



December

12/1 – PTO Meeting
12/9-11 – Christmas Store
12/15-16 – Christmas Store
12/19-1/1/27 – Winter Break



January

1/12 – PTO Meeting
1/22 – FroYo Friday



February

2/2 – PTO Meeting
2/19 – FroYo Friday
2/26 – Kickoff Assembly



March

3/2 – PTO Meeting
3/11 – Literacy Night
3/12 – FroYo Friday



April

4/6 – PTO Meeting
(Officer Elections)
4/16 – FroYo Friday



May

5/3-7 – Teacher & Staff
Appreciation Week
5/14 – FroYo Friday
5/28 – Last Day of School

Reminders

**PTO MEETINGS ARE AT 3:30 IN THE
SCHOOL LIBRARY.
EVERYONE IS WELCOME TO ATTEND!**

*We are only as successful as we
are supported. Your participation
makes all the difference!*

Contact Us

Email us at mccoypto@msn.com

FIND US ON FACEBOOK FOR
UP TO DATE INFORMATION!

SEARCH FOR:
MCCOY ELEMENTARY PTO
OR SCAN THE QR CODE TO
BE TAKEN DIRECTLY TO OUR
PAGE.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			MAIN ENTREE - MTO WAFFLE BAR - Homestyle Waffles Pancake & Waffle Bar Toppings - Syrup - Spiced Apple Topping - Sausage Egg & Cheese Pocket COLD ALT ENTREE - Strawberry and Yogurt Parfait - Homemade Cinnamon Raisin Granola Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Bacon Florentine Omelet 2 Go COLD ALT ENTREE - Homemade Breakfast Cookie Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker
5	6	7	8	9
MAIN ENTREE - Veggie Breakfast Bowl - Turkey Sausage Biscuit Sandwich COLD ALT ENTREE - Apple Frudel Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Mild Latin Breakfast Bake - Breakfast Burrito COLD ALT ENTREE - Bagel - Cream Cheese Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Strawberry Muffin - Pancake Sausage on a Stick Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	Loaded Scramble Bar - Cheesy Scrambled Eggs - Apple Spiced Pocket - Potato Rounds COLD ALT ENTREE - Blueberry Overnight Oats Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Country Ham Breakfast Strata - Sausage & Egg Waffle Sandwich COLD ALT ENTREE - Banana Bread Squares Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker
12	13	14	15	16
JUMP-START PLATTER - Whole Grain Pancakes - Turkey Sausage Link - Cheesy Scrambled Eggs - Egg & Cheese Muffinwich COLD ALT ENTREE - Strawberry Muffin Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker SIDES - Syrup Cup	MAIN ENTREE - Breakfast Pizza - Hot Honey Chicken Biscuit Sandwich COLD ALT ENTREE - Breakfast Bento Bites Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Blueberry Muffin - Egg and Chorizo Breakfast Burrito COLD ALT ENTREE - Strawberry Banana Smoothie - Homemade Cinnamon Raisin Granola Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - MTO WAFFLE BAR - Homestyle Waffles Pancake & Waffle Bar Toppings - Fresh Strawberries - Syrup - Topping, Whipped Creamy Aerosol - Sausage Egg & Cheese Pocket COLD ALT ENTREE - Extreme Strawberry Parfait - Homemade Cinnamon Raisin Granola Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Breakfast Chilaquiles - Sausage & Egg Pancake Sandwich COLD ALT ENTREE - Homemade Breakfast Cookie Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker
19	20	21	22	23
MAIN ENTREE - Bacon & Cheese Frittata Cup - Turkey Sausage Biscuit Sandwich COLD ALT ENTREE - Apple Frudel Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Stuffed French Toast Bake - Breakfast Burrito COLD ALT ENTREE - Bagel - Cream Cheese Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Frosted Cinnamon Rolls - Pancake Sausage on a Stick COLD ALT ENTREE - Blueberry Muffin Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	Loaded Scramble Bar - Cheesy Scrambled Eggs - Apple Spiced Pocket - Potato Rounds COLD ALT ENTREE - Blueberry Overnight Oats Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Scratch Biscuits with Sausage Gravy - Sausage & Egg Waffle Sandwich COLD ALT ENTREE - Banana Bread Squares Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker
26	27	28	29	30
MAIN ENTREE - Baked Peach Oatmeal - Ham, Egg & Cheese Muffinwich COLD ALT ENTREE - Whole Grain Donut Ring Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Breakfast Flatbread - Green Chile & Potato Breakfast Quesadilla COLD ALT ENTREE - Mini Bagels with Strawberry Cream Cheese Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MAIN ENTREE - Banana Muffin - Turkey Sausage Egg & Cheese Burrito COLD ALT ENTREE - Cinnamon Roll Smoothie Cold Breakfast Side - String Cheese - Cinnamon Graham Cracker	MTO PANCAKE BAR - Whole Grain Pancakes Pancake & Waffle Bar Toppings - Blueberries - Fresh Strawberries - Fresh Banana - Syrup - Topping, Whipped Creamy Aerosol - Spiced Apple Topping - Apple Sliced Compote - Peach Compote - Pear Compote - Spinach Egg & Cheese Pocket COLD ALT ENTREE - Banana Apple Muffin Trifle Cold Breakfast Side - Graham Crackers - String Cheese	MAIN ENTREE - Breakfast Tater Tot Nachos - Egg & Cheese Breakfast Bagel COLD ALT ENTREE - Homemade Cinnamon Raisin Granola - Blueberry Parfait Cold Breakfast Side - Graham Crackers - String Cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			GRILL • Chicken Patty Sandwich	MAIN ENTREE • Homestyle Macaroni and Cheese with Shredded Beef
			DELI • Ham and Cheese Chef Salad • Ham & Cheese Hoagie • Seasoned Baked Whole Grain Roll	GRILL • Pepperoni Pizza
			VEGETARIAN OPTION • Cheesy Baked Penne	DELI • Buffalo Chicken Caesar Salad • Bento Bites: BYO Pizza • Seasoned Baked Whole Grain Roll
			SIDES • Garlic Breadstick • Lemon Parmesan Roasted Broccoli • Fresh Baby Carrots • Garden Side Salad	SIDES • Sweet Potato Waffle Fries • Herbed Tomatoes • Garden Side Salad
5	6	7	8	9
MAIN ENTREE • Baked Chicken	NACHO/TACO BAR • Beef Taco Meat • Yellow Cheese Sauce • Round Tortilla Chips	MAIN ENTREE • Beef & Bean Frito Pie	MAIN ENTREE • Beef Pasta Bake	MAIN ENTREE • Quirky Quesadillas
GRILL • Chicken Nuggets	GRILL • Cheeseburger	GRILL • Hot Dog on Bun	GRILL • Chicken Patty Sandwich	GRILL • Cheese Pizza
DELI • Turkey & Cheese Deluxe Hoagie • Vegetarian Chef Salad	DELI • Cobb Salad • SunButter & Jelly Sandwich • Seasoned Baked Whole Grain Roll	DELI • Vegetarian Taco Salad with Tortilla Chips • Italian Hoagie	DELI • Ham and Cheese Chef Salad • Ham & Cheese Hoagie • Seasoned Baked Whole Grain Roll	DELI • Buffalo Chicken Caesar Salad • Bento Bites: BYO Pizza • Seasoned Baked Whole Grain Roll
SIDES • Seasoned Baked Whole Grain Roll • Tater Tots • Cucumber • Garden Side Salad	SIDES • Charro Beans • Elote Salad • Garden Side Salad	SIDES • Roasted Mexi Corn • Fresh Baby Carrots • Garden Side Salad	SIDES • Seasoned Breadstick • Green Beans with Garlic Herb butter • Fresh Baby Carrots • Garden Side Salad	SIDES • Carrots w/Dill • Herbed Tomatoes • Garden Side Salad
12	13	14	15	16
MAIN ENTREE • Herb Braised Chicken	MAIN ENTREE • Pozole, Pork	MAIN ENTREE • Char Siu Pork	MAIN ENTREE • Chicken Pesto Pasta Bowl • Seasoned Breadstick	MAIN ENTREE • Caribbean Pot Roast
GRILL • Chicken Tenders	GRILL • Cheeseburger	GRILL • Corn Dog	GRILL • Chicken Patty Sandwich	GRILL • Pepperoni Pizza
DELI • Vegetarian Chef Salad • Turkey & Cheese Deluxe Hoagie	DELI • SunButter & Jelly Sandwich • Cobb Salad • Seasoned Baked Whole Grain Roll	DELI • Vegetarian Taco Salad with Tortilla Chips • Italian Hoagie	DELI • Ham and Cheese Chef Salad • Ham & Cheese Hoagie	DELI • Buffalo Chicken Caesar Salad • Bento Bites: BYO Pizza
SIDES • Seasoned Baked Whole Grain Roll • Garlic Mashed Potatoes • Cucumber • Garden Side Salad	SIDES • Carrots w/Dill • Red Bell Pepper • Garden Side Salad	SIDES • 5 Spice Brown Rice • Sesame Green Beans • Celery Sticks • Garden Side Salad	SIDES • Seasoned Baked Whole Grain Roll • Lemon Parmesan Roasted Broccoli • Fresh Baby Carrots • Garden Side Salad	SIDES • Seasoned Baked Whole Grain Roll • Sweet Potato Waffle Fries • Herbed Tomatoes • Garden Side Salad
19	20	21	22	23
BREAKFAST FOR LUNCH • Homestyle Waffles • Cheesy Scrambled Eggs	MAIN ENTREE • Picadillo • Cilantro Lime Brown Rice	MAIN ENTREE • Chicken Lo Mein	MAIN ENTREE • Spaghetti and Meat Sauce	MAIN ENTREE • Grilled Cheese Sandwich • Tomato Soup
GRILL • Chicken Nuggets	GRILL • Hamburger	GRILL • Hot Dog on Bun	DELI • Ham and Cheese Chef Salad • Ham & Cheese Hoagie	GRILL • Cheese Pizza
DELI • Turkey & Cheese Deluxe Hoagie • Vegetarian Chef Salad	DELI • Cobb Salad • SunButter & Jelly Sandwich • Seasoned Baked Whole Grain Roll	DELI • Vegetarian Taco Salad with Tortilla Chips • Italian Hoagie	SIDES • Seasoned Baked Whole Grain Roll • Seasoned Breadstick • Green Beans with Garlic Herb butter • Fresh Broccoli • Garden Side Salad	DELI • Buffalo Chicken Caesar Salad • Bento Bites: BYO Pizza • Seasoned Baked Whole Grain Roll
SIDES • Baked Whole Grain Roll • Tater Tots • Cucumber • Garden Side Salad	SIDES • Charro Beans • Red Bell Pepper • Garden Side Salad	SIDES • Seasoned Baked Whole Grain Roll • Curry Roasted Broccoli • Fresh Baby Carrots • Garden Side Salad		SIDES • Carrots w/Dill • Herbed Tomatoes • Garden Side Salad
26	27	28	29	30
MAIN ENTREE • Gumbo w/ Chicken • Cajun Brown Rice	NACHO/TACO BAR • Beef Taco Meat • Shredded Cheese • Tortilla 6"	MAIN ENTREE • Teriyaki Chicken	MAIN ENTREE • Seasoned Breadstick	MAIN ENTREE • Hot Dog on Bun
GRILL • Popcorn Chicken	GRILL • Hamburger	DELI • Turkey with Cheese Wrap • Vegetarian Taco Salad with Tortilla Chips • Italian Hoagie • Brown Rice	GRILL • Chicken Bacon Ranch Sandwich	GRILL • Sausage Pizza
DELI • Vegetarian Chef Salad • Baked Whole Grain Roll • Turkey & Cheese Deluxe Hoagie	DELI • Cobb Salad • SunButter & Jelly Sandwich	SIDES • Orange Glazed Carrots • Celery Sticks • Garden Side Salad	DELI • Ham and Cheese Chef Salad • Ham & Cheese Hoagie • Seasoned Baked Whole Grain Roll	DELI • Buffalo Chicken Caesar Salad • Seasoned Baked Whole Grain Roll • Bento Bites: BYO Pizza
SIDES • Baked Potato • Cucumber • Garden Side Salad	SIDES • Seasoned Baked Whole Grain Roll • Seasoned Black Beans • Elote Salad • Garden Side Salad		VEGETARIAN OPTION • Cheesy Baked Ziti	SIDES • Seasoned Green Beans • Herbed Tomatoes • Garden Side Salad • Fruit Cocktail w/Jello