September

West Park West Park- Lunch

Labor Day

Lunch Entree

Beef Soft Taco Cheese Roll UP

Vegetables

Refried Beans Fresh Veggies

Fruit

Applesauce Cup Variety

Milk

1% Milk

Fat Free Chocolate Milk

Lunch Entree

Fish Sticks

Yogurt and Muffin Meal

Vegetables

Fresh Veggies
Diced Potatoes

Fruit

Fresh Fruit Variety

Grains

Breadstick

Milk

1% Milk

Fat Free Chocolate Milk

Lunch Entree

Grilled Cheese Sandwich

Orange Chicken

Vegetables

Fresh Veggies Salad Mix

Fruit

Cupped Fruit Variety, 1/2 cup

Grains

Fried Rice

Milk

Fat Free Chocolate Milk

1% Milk

10

Lunch Entree

Hot Dog on WG Bun

Yogurt and Muffin Meal

Vegetables

Corn

Fresh Veggies

Fruit

Applesauce Cup Variety

Grains

Garden Salsa Sun Chips

Milk

11

1% Milk

Fat Free Chocolate Milk

12

Lunch Entree

Mini Corn Dogs
Pb & J Sandwich

Vegetables

Fresh Veggies

Seasoned Black Beans

Fruit

Fresh Fruit Variety

Milk

1% Milk

Fat Free Chocolate Milk

Misc.

Cheese Stick

Lunch EntreeChicken Alfredo

Pasta

Cheese Sandwich

Vegetables

Fresh Veggies

Cut Green Beans

Fruit

Cupped Fruit Variety, 1/2 cup

Grains

Breadstick

Milk

1% Milk

Fat Free Chocolate Milk

Lunch Entree

Breakfast for Lunch (Eggs, Sausage, Toast)

Cheese Sandwich

Vegetables

Fresh Veggies

Diced Potatoes

Fruit

Fresh Fruit Variety

Milk

Fat Free Chocolate Milk

1% Milk

Lunch Entree
Mac & Cheese

Turkey Ham & Cheese Sandwich

Vegetables

Fresh Veggies

Green Peas

Fruit

Fresh Fruit Variety

Grains

Breadstick

Milk

Fat Free Chocolate Milk

1% Milk

Lunch Entree

Pizza Variety

Grilled Cheese Sandwich

Vegetables

Northern Beans

Salad Mix

Fruit

Applesauce Cup Variety

Desserts

Chocolate Chip Cookies, WG

Milk

Fat Free Chocolate Milk

1% Milk

Misc.

Cheese Stick

Lunch Entree 15	Lunch Entree 16	Lunch Entree 17	Lunch Entree 18	Lunch Entree 19
Toasted Garlic Ham & Cheese Sandwich	Pepperoni Pizza Bistro Box	Orange Chicken	Chicken Nuggets	Pizza Variety
Uncrustables Meal	Cheese Roll UP	Yogurt and Muffin Meal	Soft Pretzel with	Grilled Cheese Sandwich
			Cheese Dip	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Veggie Bar	Pizza Green Beans	Mixed Vegetables	Fries	Choice of Beans
Cut Green Beans	Fresh Veggies	Tomato & Cucumber Salad	Veggie Bar	Veggie Bar
Fruit	Fruit	Fruit	Fruit	Fruit
Hot Cinnamon Apples	Raisels Variety	Orange Produce -	Applesauce Cup Variety	Applesauce Cup Variety
Milk	Milk	For Salad Bar	Grains	Milk
Fat Free Chocolate	Fat Free Chocolate Milk	Grains	Goldfish Crackers	Fat Free Chocolate
Milk	1% Milk	Fried Rice	Milk	Milk
1% Milk	170 1711111	Milk	1% Milk	1% Milk
		1% Milk	Fat Free Chocolate	Misc.
		Fat Free Chocolate Milk	Milk	Cheese Stick
Lunch Entree 22	Lunch Entree 23	Lunch Entree 24	Lunch Entree 25	Lunch Entree 26
Hot Dog on WG Bun	Korean BBQ	Stick Day	Hamburger with Bun	Chicken Nuggets
PB&J Uncrustables	Meatball Grain Bowl	Deli Bento Box	Cheeseburger on	Soft Pretzel with
Variety	Grilled Cheese Sandwich	Vegetables	Bun	Cheese Dip
Vegetables		Deli Bar- Vegetable	Pb & J Sandwich	Vegetables
Fresh Veggies	Vegetables	Toppings	Vegetables	Fresh Veggies
Choice of Beans	Veggie Bar	Marinara Sauce	Fries	Cut Green Beans
Fruit	Fruit	Fruit	Fresh Veggies	Fruit
Strawberry Cup	Fresh Fruit Variety	Fruit Bar	Fruit	Cupped Fruit Variety,
Milk	Milk	Milk	Fresh Fruit Variety	1/2 cup
1% Milk	Fat Free Chocolate Milk	1% Milk	Grains	Milk
Fat Free Chocolate	1% Milk	Fat Free Chocolate	Goldfish Crackers	1% Milk
Milk	1 70 IVIIIK	Milk	Milk	Fat Free Chocolate Milk
			1% Milk	Misc.
			Fat Free Chocolate Milk	Cheese Stick
			Misc.	

Lunch Entree 29	Lunch Entree 30
Pizza Variety	Breakfast for Lunch
Grilled Cheese Sandwich	(Eggs, Sausage, Toast)
Vegetables	Cheese Sandwich
Northern Beans	Vegetables
Salad Mix	Diced Potatoes
Fruit	Fresh Veggies
Applesauce Cup Variety	Fruit
	Fresh Fruit Variety
Milk	Milk
Fat Free Chocolate Milk	Fat Free Chocolate Milk
1% Milk	1% Milk
Misc.	
Cheese Stick	

MENU SUBJECT TO CHANGE

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